

Jenny Major

Dancer, Teacher, Choreographer

More than 20 years of experience in Dance/Fine Arts. Communication, generosity, strength and expansion of body and mind are the key elements in my work. Please, reach out for my full portfolio.



✉ majorjenny@hotmail.com

📍 Anders Henriksens Gade 5, 2.th, Copenhagen S, Denmark

📞 +45 29424692

🌐 www.jennymajordance.com/

WORK EXPERIENCE

Co-founder/ CEO - Teacher and choreographer

Sceneindgangen Dance Studio

01/2004 - 06/2022

Copenhagen, Denmark

The leading studio in Copenhagen for artistic dance forms such as Ballet, modern dance, and jazz dance

Achievements/Tasks

- Created a 1-year preparatory dance program that fostered many young dancers into professional careers.
- Taught open classes in Ballet, Modern Dance, jazz, improvisation, and stretch.
- Staged and choreographed numerous dance pieces and musicals over the course of 15+ years.

Master Teacher

Danscentrum.se

01/2024 - Present

Malmö, Gothenburg, Sweden

Facilitator of training for dance professionals in Sweden

Achievements/Tasks

- Taught Jazz dance classes for professionals.

Movement Coach

Metropolis

05/2023 - Present

Copenhagen, Denmark

Project-based dance company founded by Trevor Davies

Achievements/Tasks

- Movement coach for artists in residency

Teacher

The Freedom Dance Theater, Jenin, Palestine

01/2023 - 02/2023

Jenin and Ramallah, Palestine

Achievements/Tasks

- Teaching workshops in modern dance at both The Freedom Theater and at Orient & Dance Theater

Healing Through Movement Coach

Jenny Major Dance

01/2018 - Present

Copenhagen, Denmark

A 5-hour workshop/concept developed by Jenny Major, dealing with body-mind connection, how emotional trauma blocks physical movement and how to gain awareness and find release.

Achievements/Tasks

- Concept development and project execution. Teaching workshops and evaluations of students' progress through the workshop and afterwards.

MY OWN WORDS

As a choreographer, I have always enjoyed exploring new fields outside my comfort zone and have therefore worked in a wide range of directions. Over the last 5 years, I have specialised in working with independent musicians and with site-specific projects. Also, as a performer, I have worked in a wide spectra of directions, but the work with independent musicians on small stages and other artists in challenging spaces has been the primary focus in recent years, as well as community dance that reaches towards parts of the community that might not easily get in touch with artistic dance.

SKILLS

Community building

Physical and mental health

Choreography

Personal Coaching

Event organization

Artistic expression

VOLUNTEER EXPERIENCE

Dance workshop facilitator

Blossom Foundation

Copenhagen, Denmark

Supporting homeless women

Tasks/Achievements

- Workshop facilitator and dance teacher

Dance workshop facilitator

Muhabet

Copenhagen, Denmark

Non-profit organisation, supporting psychologically vulnerable and traumatized refugees

Tasks/Achievements

- Teaching dance as stress relief.

LANGUAGES

Swedish

Native or Bilingual Proficiency

English

Native or Bilingual Proficiency

Danish

Full Professional Proficiency

WORK EXPERIENCE

Teacher

Swedish National School of Ballet

08/2022 - 09/2022

Achievements/Tasks

- Teaching modern dance and improvisation.

Dance Consultant

Dance Arts Council of Värmland/University of Karlstad

01/2000 - 12/2002

Sweden

Achievements/Tasks

- Lectures on dance communication and dance history, performances and creative work with elementary- and high-school students.

Choreographer

Härlanda Church

01/2023 - 11/2023

Härlanda, Sweden

Achievements/Tasks

- Choreographed **choir concert "När Natten Skänker Frid"** for **Härlanda Kyrka, Göteborg**. The concert was inspired by exhibited artwork by **Anita von Porat**.

Choreographer

DAC - Danish Architecture Center

01/2022 - 11/2022

Copenhagen, Denmark

Achievements/Tasks

- Choreographed for the opening exhibition of the 100-year jubilee of **Vilhelm Lauritzen Arkitekter**.

Choreographer

Sceneindgangen Dance Theater

01/2021 - 11/2021

Copenhagen, Denmark

Achievements/Tasks

- **ARTICLE 1/ ALL HUMAN BEINGS** - a 60 min contemporary piece for 10 dancers honoring the Articles of Human Rights, Sceneindgangen Dance Theater.

Choreographer/Producer

Sceneindgangen Dance Theater/Gladsaxe Teater

01/2010 - 10/2010

Gladsaxe, Denmark

Achievements/Tasks

- Michael Jackson tribute show, **ALL FOR LOVE**

Dancer

Kulturstationen, Humlebæk

01/2024 - 08/2020

Humlebæk, Denmark

Achievements/Tasks

- Solo performance at **gallery opening at Kulturstationen, Humlebæk**. Artwork by **Yanne Friis**.

WORK EXPERIENCE

Dancer

Spoken Word Festival

06/2022 - 11/2022

Copenhagen, Denmark

Achievements/Tasks

- Solo performer at Spoken Dance Festival at **Dansekapellet Copenhagen**, curator **Martha Elias**. Performing to improvised words by philosopher, Ole Fogh Kirkeby and poetry by Ursula Andkjær Olsen.

Solo Dancer

Italian Institute of Culture

06/2016 - 11/2016

Copenhagen, Denmark

Achievements/Tasks

- Performing with the Diego Morga Trio

Dancer

World AIDS Day Gala

08/2015 - 11/2015

Stockholm, Sweden

Achievements/Tasks

- Performing with new circus group Arte Diem

EDUCATION

Bachelor in Dance/fine arts

Ballet Academy of Gothenburg

08/1993 - 06/1996

Gothenburg, Sweden

Courses

- BA in dance, incl. Ballet, modern dance, jazz dance, tap, character work, etc.

Full time dance studies

Dance Space Center, New York

08/1999 - 11/2000

New York, USA

Courses

- Ballet, modern jazz, jazz, improvisation.

Dance Facilitator

KPS Folk University

08/1992 - 06/1993

Kristinehamn, Sweden

Courses

- Dance Communication, psychology, dance history.

Extensive courses

Various

01/2000 - Present

Courses

- Klein technique w. Susan Klein, Franklin method w. Erik Franklin, Gyro Kinesis w. Lise Knudsen, Ballet teacher training w. David Howard, pilates, yoga, contemporary, jazz, Graham technique, Gaga, improvisation skills, partnering.

EDUCATION

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